

# NOTES FROM THE NEST

MHS ATHLETIC DEPARTMENT NEWS



## WEATHER

Thank you to all of our coaches, student athletes, parents, and athletic trainers for their efforts with the weather related issues lately. Thank you for handling it with professionalism and understanding to keep everyone safe! True teamwork!

## CONCESSION HELP

I need the help of our coaches to work with our parents to make sure our concession assignments are being covered. This is a primary fund raiser for us that we need to take care of. Thank you for your efforts in this area.

## CAPTAINS WORKSHOP

On Wednesday 9/12 we will be conducting a workshop with our fall sport team captains with the help of PCA. We will give them strategies to use and take back to their teams to help them in their roles as captains. Coaches please talk to them about it and help them implement the ideas

# MENTOR HIGH SCHOOL

## NEXT WEEKS SCHEDULE OF EVENTS:

Monday	9/10/18	boys JV golf	Home	Perry	3:30 PM
Monday	9/10/18	JV girls tennis	Away	Strongsville	4:00 PM
Monday	9/10/18	varsity girls tennis	Home	Strongsville	4:00 PM
tuesday	9/11/18	girls jv golf	Home	Shaker/Solon	3:00 PM
tuesday	9/11/18	girls varsity golf	Away	Shaker/Solon - Grantwood	3:30 PM
tuesday	9/11/18	boys JV golf	Away	Medina/Shaker - Medina CC	4:00 PM
tuesday	9/11/18	JV girls tennis	Home	NDCL	4:00 PM
tuesday	9/11/18	varsity girls tennis	Away	NDCL	4:00 PM
tuesday	9/11/18	cross country	Away	Strawberry Lane	
tuesday	9/11/18	reserve girls soccer	Home	Medina	5:00 PM
tuesday	9/11/18	Res/JV boys soccer	Away	Medina	5:00 PM
tuesday	9/11/18	varsity boys soccer	Away	Medina	7:00 PM
tuesday	9/11/18	9th/JV volleyball	Home	Solon	5:00 PM
tuesday	9/11/18	Varsity volleyball	Home	Solon	6:00 PM
Wednesday	9/12/18	boys varsity golf	Away	GCC - Windmill Lakes	10:00 AM
Wednesday	9/12/18	girls varsity golf	Away	Medina - Medina CC	3:00 PM
Wednesday	9/12/18	girls jv golf	Home	North Royalton	3:00 PM
Wednesday	9/12/18	JV girls tennis	Home	Solon	4:00 PM
Wednesday	9/12/18	varsity girls tennis	Away	Solon	4:00 PM
Wednesday	9/12/18	JV girls soccer	Home	Medina	5:00 PM
Wednesday	9/12/18	varsity girls soccer	Home	Medina	7:00 PM
Thursday	9/13/18	girls varsity golf	Away	Medina - Medina CC	1:00 PM
Thursday	9/13/18	boys JV golf	Home	Solon	3:00 PM
Thursday	9/13/18	JV girls tennis	Away	Brunswick	4:00 PM
Thursday	9/13/18	varsity girls tennis	Home	Brunswick	4:00 PM
Thursday	9/13/18	9th football	Away	Strongsville	4:30 PM
Thursday	9/13/18	9th/JV volleyball	Away	Strongsville	4:30 PM
Thursday	9/13/18	Varsity volleyball	Away	Strongsville	6:30 PM

## MEET OUR GIRLS GOLF COACH SHAWN HOLLABAUGH

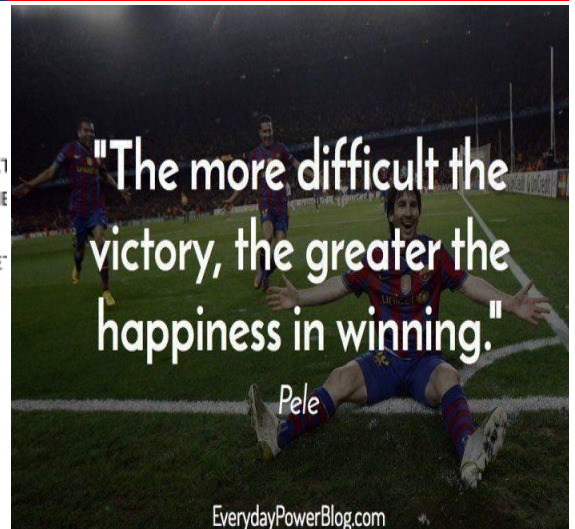
Coach Hollabaugh joins us as head girls golf coach this year after successful stints as freshman girls basketball and freshman girls volleyball coaching. He also coached basketball and track at Ridge Middle.



## ATHLETIC DEPARTMENT THEME

#CARDINALSCOMPETE

PEOPLE ALWAYS ASK ME WHY WE PLAY THE SCHEDULES AND THE COMPETITION THAT WE DO. OUR PHILOSOPHY IS THAT IN ORDER TO BE THE BEST WE HAVE TO PLAY THE BEST. IF WE CAN'T COMPETE AT THAT LEVEL THEN WE HAVE TO GET BETTER. IT DOESN'T DO OUR STUDENT ATHLETES ANY GOOD TO LESSEN THE COMPETITION TO GET WINS. WE HAVE TO LEARN TO COMPETE AT HIGHER LEVELS TO IMPROVE OVERALL. THE GREATER THE SATISFACTION WE WILL FEEL IN THE END.



CONGRATS AND PLAYERS OF THE WEEK!

Congratulations to football player Luke Floriea named News Herald player of the week. This past week vs. St. Ignatius Luke had 6 catches for 166 yards and a touchdown! Great job Card!