

# NOTES FROM THE NEST

MHS ATHLETIC DEPARTMENT NEWS



## HOMECOMING 2018

The picture above is your 2018 Homecoming Court. Congratulations to Mason Trubisky who was named King at this morning's assembly. The queen will be crowned pregame tonight so get there early for the ceremony! Congratulations to all!

## 'KICK FOR THE CURE

Round 2 of our Kick for the Cure event will take place on Saturday 10/13 with the boys playing Riverside at 1pm and 3pm. Congratulations to the girls team for a successful event last week and please support the boys teams on Saturday.

## SECTIONAL CHAMPIONS

Our boys golf team won a sectional championship on Monday at Quail Hollow. Howie Cavell and Austin Panhorst led the Cards with a 77 score. Kyler Beller shot 83 with Nick Zaller shooting 80 for a team total of 317. Cards advance to Districts Monday at Pine Hills for a shot at the state tournament!

NEXT WEEKS SCHEDULE OF EVENTS:

Monday	10/8/18	boys varsity golf	Away	Pine Hills	10:30 AM
Monday	10/8/18	JV girls soccer	Home	North Olmsted	5:00 PM
Monday	10/8/18	varsity girls soccer	Home	North Olmsted	7:00 PM
tuesday	10/9/18	reserve/JV boys soccer	Away	Brunswick	5:00 PM
tuesday	10/9/18	varsity boys soccer	Away	Brunswick	7:00 PM
tuesday	10/9/18	9th/JV volleyball	Home	Strongsville	5:00 PM
tuesday	10/9/18	varsity volleyball	Home	Strongsville	6:00 PM
Wednesday	10/10/18	9th football	Home	Riverside	5:00 PM
Wednesday	10/10/18	JV girls soccer	Home	Brunswick	5:00 PM
Wednesday	10/10/18	varsity girls soccer	Home	Brunswick	7:00 PM
Thursday	10/11/18	9th football	Away	Solon	4:30 PM
Thursday	10/11/18	JV/V boys soccer	Home	NDCL	5/7pm
Thursday	10/11/18	9th/JV volleyball	Home	Medina	5:00 PM
Thursday	10/11/18	varsity volleyball	Home	Medina	6:00 PM
Friday	10/12/18	football	Home	Solon	7:00 PM
Saturday	10/13/18	9th volleyball	Home	Tournament	9:00 AM
Saturday	10/13/18	cross country	Away	GCC - Strongsville	10:00 AM
Saturday	10/13/18	JV football	Away	Solon	10:00 AM
Saturday	10/13/18	JV boys soccer	Home	Riverside	1:00 PM
Saturday	10/13/18	varsity boys soccer	Home	Riverside	3:00 PM
Saturday	10/13/18	reserve boys soccer	Home	West Geauga	5:00 PM

## MEET OUR BOYS GOLF COACH ERIC VINBORG

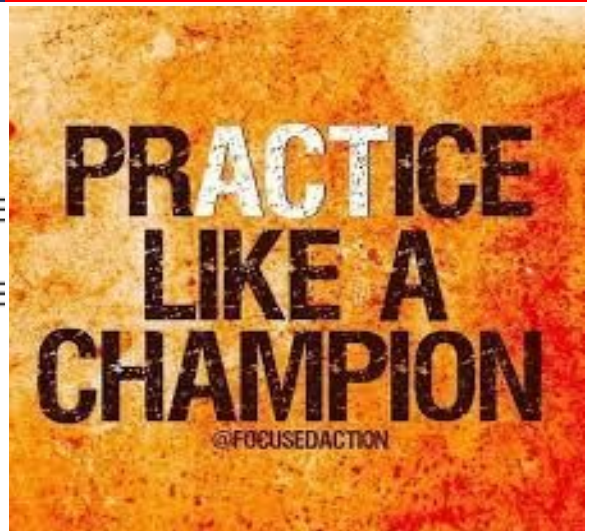
Coach Vinborg is a long time tennis and golf coach with the Cardinals. He spent 14 years with the boys tennis program and another 12 with the girls program. He is now in his 7<sup>th</sup> year as head boys golf coach and has recently coached basketball and track at the middle school level. He is assisted by Chris Parsons in golf and has guided the boys golf program back to competing for league, sectional, and district titles.



## ATHLETIC DEPARTMENT THEME

#CARDINALSCOMPETE

IN ORDER TO BE A CHAMPION WE HAVE TO PREPARE LIKE CHAMPIONS ON AND OFF THE FIELDS AND COURTS. HARD WORK AND DETERMINATION WILL GET YOU TO YOUR GOALS, BUT ALSO ACTING LIKE A CHAMPION AT ALL TIMES IS WHAT SEPARATES THE MEDIOCRE FROM THE TRUE CHAMPION.



CONGRATS AND PLAYERS OF THE WEEK!

Congratulations to Nicole Betz who was named to first team all Greater Cleveland Conference in girls golf!

Congratulations to the boys golf team who were sectional champs at Quail Hollow this week! They advance to district play at Pine Hills on Monday.

